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NSYA Mobile Sailing School Information

In 2010 the Nova Scotia Yachting Association launched a Mobile Sailing School to bring sailing to communities and schools across Nova Scotia in the hopes of getting more youth involved in the great sport of sailing!

About the Program

With recent statistics showing that Nova Scotia youth are some of the least active in Canada and with obesity on the rise, the NSYA Mobile Sailing School is designed to encourage more youth to experience and enjoy the benefits of a healthy lifestyle.

The program consists of a 20 foot enclosed aluminum trailer which contains a coach boat and 9.9 hp motor, 6 fully equipped Optimist Dinghies, 1 Access Dinghy for participants along with all the required safety gear.

Program Goals

The goals of the program are:

- To introduce at least 100 Nova Scotia youth, including those with a disability to the sport of sailing and water safety each summer
- To certify participants in the Canadian Yachting Association's Learn to Sail levels, Wet Feet, White Sail 1-3.
- To encourage communities to establish their own sailing programs.

Target Groups

The program is targeted at youth between 5 years of age and 14 years of age. In 2010 we added an ACCESS Dinghy to the program making it accessible to disabled participants as well.

We are working closely with community recreation groups to host the program.

The program is staffed by two certified CYA Sailing Instructors and are fully insured.

In 2011 the program operated for 7 weeks in the communities of Arichat, Digby, Antigonish, Mabou, and Grand Narrows.

Transport of the equipment is the responsibility of the next host community or school.

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Photos

About NSYA

The NSYA is the sport governing body for the sport of sailing in Nova Scotia. Our mission is to make high performance sailing and recreational boating lifelong activities for Nova Scotians through excellence and training.

With more than 12,500 participants in sailing programs across Nova Scotia, the NSYA was proud to have two NS sailors represent Canada at the 2008 Olympic Games and one at the Paralympic Games.

More Information

For more information about the Mobile Sailing School, please contact Frank Denis, NSYA Executive Director at (902)425-5450 ext 312 or by e-mail at nsya@sportnovascotia.ca

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